

Factors predicting hospital length-of-stay after radical prostatectomy

a population-based study

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Background



- In Europe in 2008 prostate cancer accounted for just under 22% of all new cancers in men
-Ferlay J., Eur J Cancer 2010
- The Republic of Ireland (RoI), was estimated to have the highest prostate cancer incidence rate in Europe in 2008
-Ferlay J. et al. Annals of Oncology 2007
- ...due in part to extensive PSA testing and high rates of biopsy.
 - The age at diagnosis is falling and higher proportions have early disease
- Carsin A. E. Cancer Causes and control 2010
- Recent European guidelines on prostate cancer treatment recommend radical prostatectomy (RP) for localised disease in patients with a life expectancy of more than 10 years, who accept treatment-related complications
- Heidenreich European Urology 2008



So...

- Radical prostatectomy (RP) is a leading option for treatment of early stage prostate cancer in RoI
- ... but relatively little is known about trends in RP and hospital length-of-stay (LOS) following RP at the population level.
- LOS following RP is likely to be major driver of the costs of prostate cancer care.

Study Aim is to investigate

- - trends in prostate cancer incidence and RP for time period 2002-2008
- -factors predicting a longer LOS following radical prostatectomy
=> Baseline for comparisons



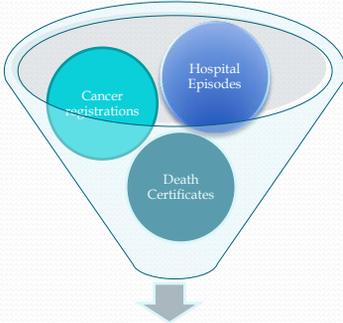
Primary Source Datasets

- Two primary data sources
 - National Cancer Registry data (NCR)
 - Hospital In-Patient Enquiry data (HIPE).
- NCR records demographic, clinical and treatment information for all cancers diagnosed in the population usually resident in Ireland
- HIPE is a computer based health information system that collects data on discharges from acute public hospitals in Ireland.
 - No data from private hospitals
 - HIPE data for cancer episodes only

Study was possible because ...



- probabilistic matching
- clerical review



Linked Dataset

Methods 1



- Incident prostate cancers diagnosed January 2002-December 2008
 - in men < 70 years
 - ICD-O2: C61
- Those who had RP (NCRI data) were identified.
 - ICD-9-CM procedure codes 60.3, 60.4, 60.5, 60.62

Methods 2



- HIPE episodes for each cancer record were ordered by date of admission
 - overlapping episodes were combined and nested episodes ignored
- The date of RP recorded by NCR was matched by date to the corresponding HIPE episode

=> to identify the index surgery episode

Methods 3



- LOS is the number of days between admission and discharge for the index surgery episode
- Length of discharge is the number of days from discharge from index surgery episode to next admission (if any)

Analysis 1



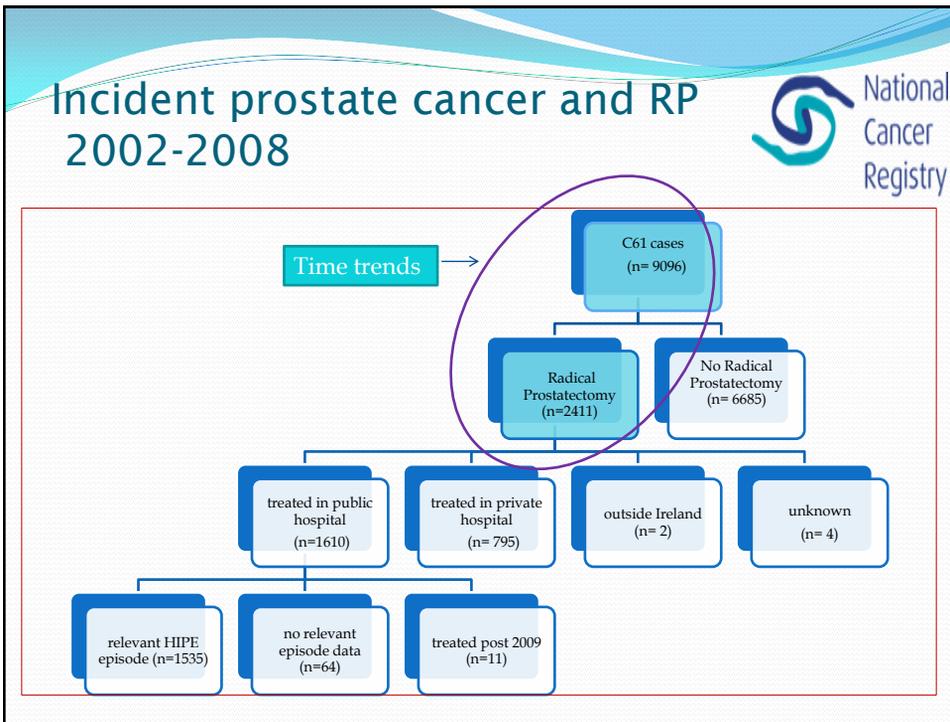
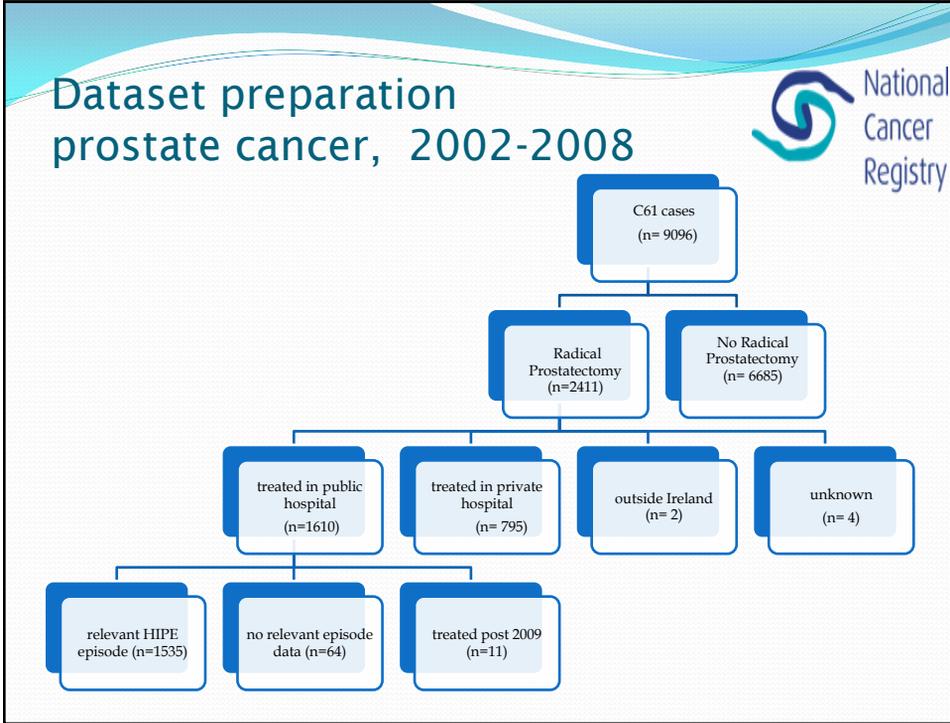
- Patient characteristics were tabulated
 - RP v no RP
 - Treated in public hospital v treated in private hospital
- LOS was categorized into approximate quartiles based on all cases treated in public hospitals .
- Prolonged hospital stay was defined as a duration greater than the upper limit of the inter-quartile range for all cases (>9 days).

Analysis 2



- Multivariable logistic regression was used to identify factors which predicted a prolonged hospital stay
- Three types of variables were considered:
 - socio-demographic
 - age, marital status, deprivation index, smoking status, discharge status –public or private
 - clinical
 - grade, stage, co-morbidity
 - care
 - hospital volume, consultant volume, admission type (elective, emergency), year of surgery

Stata 11, Model goodness-of-fit was checked using the Hosmer and Lemeshow test



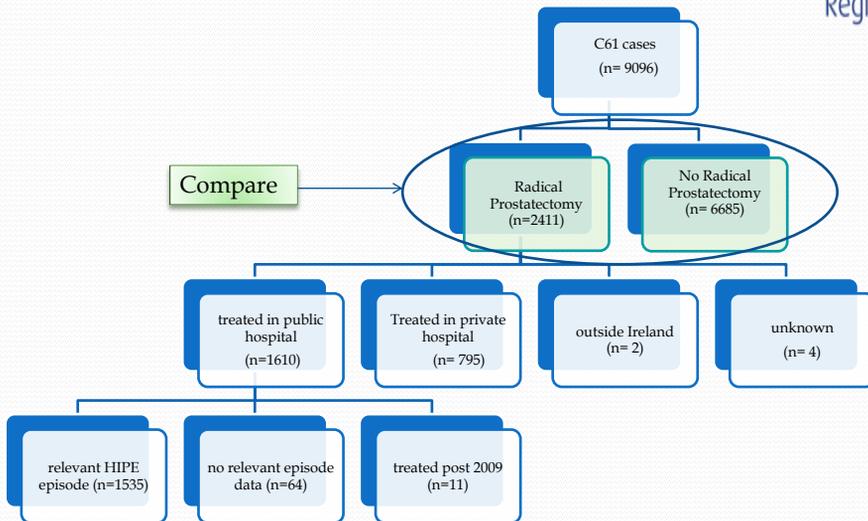
Results: time trends



Numbers of incidence prostate cancer case by year of diagnosis, and number of RPs by year of surgery



Results 1

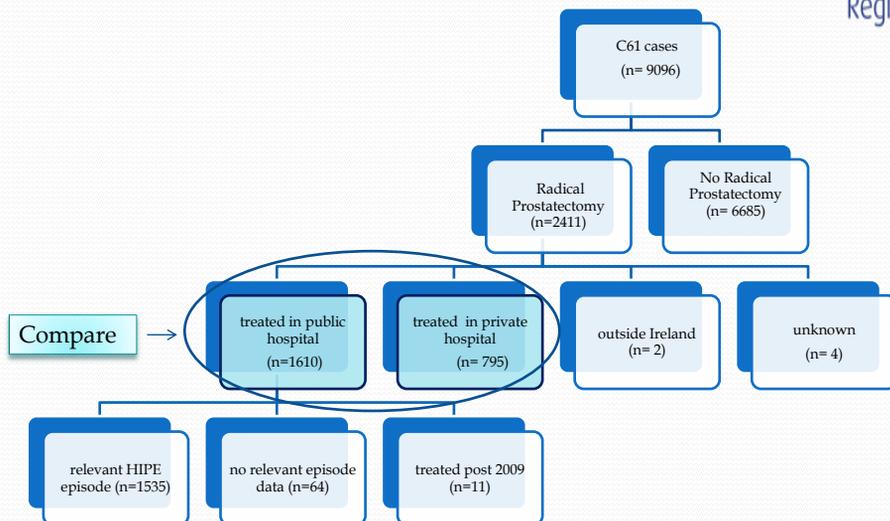


Summary results- RP v no RP

Higher proportions of men having RP

- were younger, ($\chi^2= 687.4$, $df = 3$, $p < 0.001$)
- married , ($\chi^2= 154.0$, $df = 2$, $p < 0.001$)
- lived in less deprived area at diagnosis , ($\chi^2 = 42.0$, $df = 5$, $p < 0.001$)
- never smoked, ($\chi^2= 306.0$, $df = 2$, $p < 0.001$)
- had lower grade disease, ($\chi^2= 265.3$, $df = 2$, $p < 0.001$)

Results 2



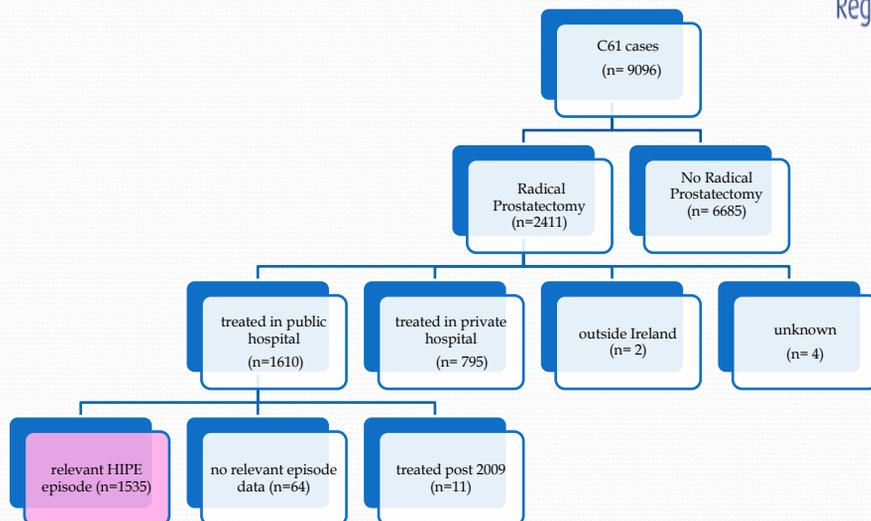
Summary results- public hospital v private hospital

Higher proportions of men treated in public hospitals were

- younger, ($\chi^2 = 13.3$, $df = 3$, $p = 0.004$)
- lived in more deprived area at diagnosis, ($\chi^2 = 28.7$, $df = 5$, $p = 0.001$)
- smoked at some point, ($\chi^2 = 61.2$, $df = 2$, $p = 0.001$)

No difference in marriage status, or disease grade

Results 3



Median LOS over study period

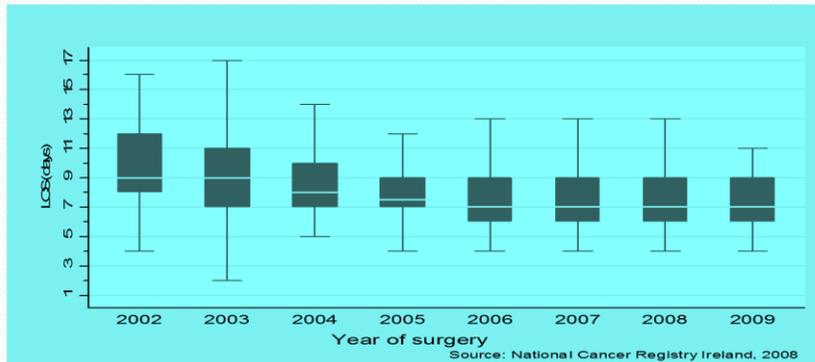


Figure 3: Median LOS with inter-quartile range and adjacent values for RP episode, (public hospitals only).

Differences in median LOS by year of surgery were examined using Cuzick's non-parametric test for trend ($p < 0.001$)

Results - prolonged LOS

- Overall the median LOS was 8 days (IQR = 7-9).
- Prolonged LOS was defined as > 9 days
- Three types of variables were considered:
 - socio-demographic
 - age, marital status, deprivation index, smoking status, discharge status –public or private
 - clinical
 - grade, stage, co-morbidity
 - care
 - hospital volume, consultant volume, year of surgery

Results – predictors of prolonged LOS, demographic

	LOS			LOS > 9 days					LRT ⁵
	n =1535 (%)	M ¹	IQR ²	n=375 (%)	OR ³	95% CI	OR ⁴	95% CI	
Marital status									<i>p</i> <0.001
Married	1268 (82.6)	8	7-9	287 (76.5)	1.00	-	1.0	-	
Other	263 (17.1)	8	7-10	87 (23.2)	1.69	1.27-2.25	1.71	1.25-2.34	
Missing	4 (0.3)	6	5-8	1 (0.3)					

Results – predictors of prolonged LOS, clinical

	LOS			LOS > 9 days					LRT ⁵
	n =1535 (%)	M ¹	IQR ²	n=375 (%)	OR ³	95% CI	OR ⁴	95% CI	
Comorbidity									<i>p</i> <0.001
None	1127 (73.4)	8	7-9	242 (64.5)	1.00	-	-	-	
Any	408 (26.6)	8	7-10	133 (35.5)	1.77	1.38-2.27	1.64	1.25-2.16	
Stage									<i>p</i> <0.001
Unknown	1128	8	7-9	255(22.6)	1.00	-	1.00	-	
I & II	285	8	7-10	75 (26.3)	1.22	0.91-1.65	1.38	0.99-1.92	
III & IV	122	8.5	7-11	45 (37.0)	2.00	1.35-2.96	2.19	1.44-3.34	

Results – predictors of prolonged LOS, service related



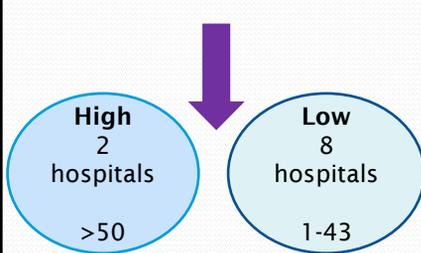
	LOS			LOS > 9 days					
	n =1535 (%)	M ¹	IQR ²	n=375 (%)	OR ³	95% CI	OR ⁴	95% CI	LRT ⁵
Hospital volume⁸									
High (50 or more)	754 (49.1)	7	6-9	126(33.6)	0.43	0.34-0.55	0.34	0.26-0.45	<i>p</i> <0.001
Low (less than 50)	781 (50.9)	8	7-10	249 (66.4)	1.00	-	-	-	
Surgeon volume⁹									
High (18 or more)	750 (48.9)	8	7-9	161 (42.9)	0.73	0.58-0.92	0.55	0.42-0.71	<i>p</i> <0.001
Low (less than 18)	785 (51.1)	8	7-10	214 (57.1)	1.00	-	-	-	

Volumes



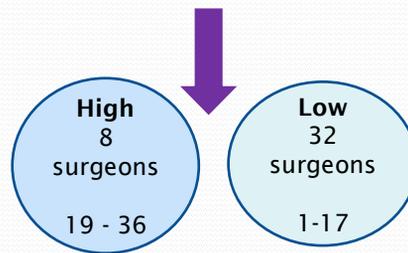
Hospital (public hospitals)

- Number of RP by hospital by year
- Take median value for each hospital
- Sort by median
- Split so 50% of patients fall into high /low category



Surgeon (public & private hospitals)

- Number of RP by surgeon by year
- Take median value for each surgeon
- Sort by median
- Split so 50% of patients fall into high / low category



Results – predictors of prolonged LOS, service related



	LOS			LOS > 9 days					
	n =1535 (%)	M ¹	IQR ²	n=375 (%)	OR ³	95% CI	OR ⁴	95% CI	LRT ⁵
Hospital volume⁸									
High (50 or more)	754 (49.1)	7	6-9	126(33.6)	0.43	0.34-0.55	0.34	0.26-0.45	<i>p</i> <0.001
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Conclusions



- Patient and health service-related factors were associated with LOS
 - marital, comorbidity & stage
 - hospital volume & surgeon volume
- These results supports the arguments for increased centralisation of RP services



Strengths

- Population based study
- Study based on high-quality cancer registration data



Weakness and bias

- LOS analysis is limited to patients treated in public hospitals.
 - 33% (n=795) of patients who had RP were treated in private hospitals
- 4% (n=64) patients were recorded by NCRI as having RP in a public hospital - no corresponding HIPE record
 - Reasons for failure to match
 - no cancer diagnosis recorded for the HIPE episode so it is not provided to NCR
 - typographical errors or missing data in either dataset.



Acknowledgements

- ESRI Dublin - HIPE data
- Tumour Registration Officers – data collection
- Data group – data cleaning and linkage
- This work was funded by the Irish Health Research Board



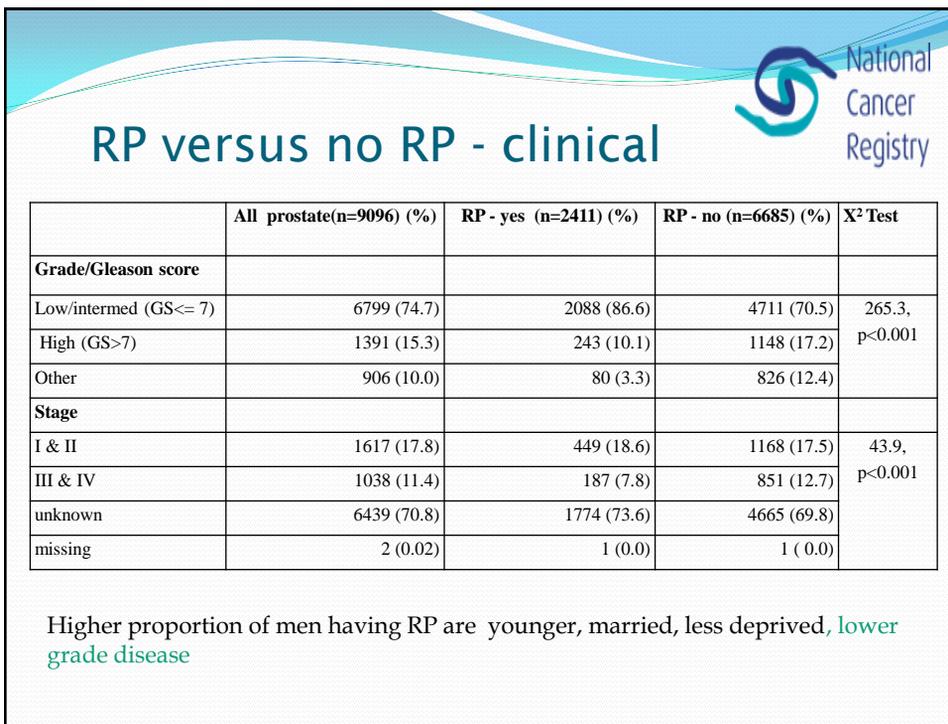
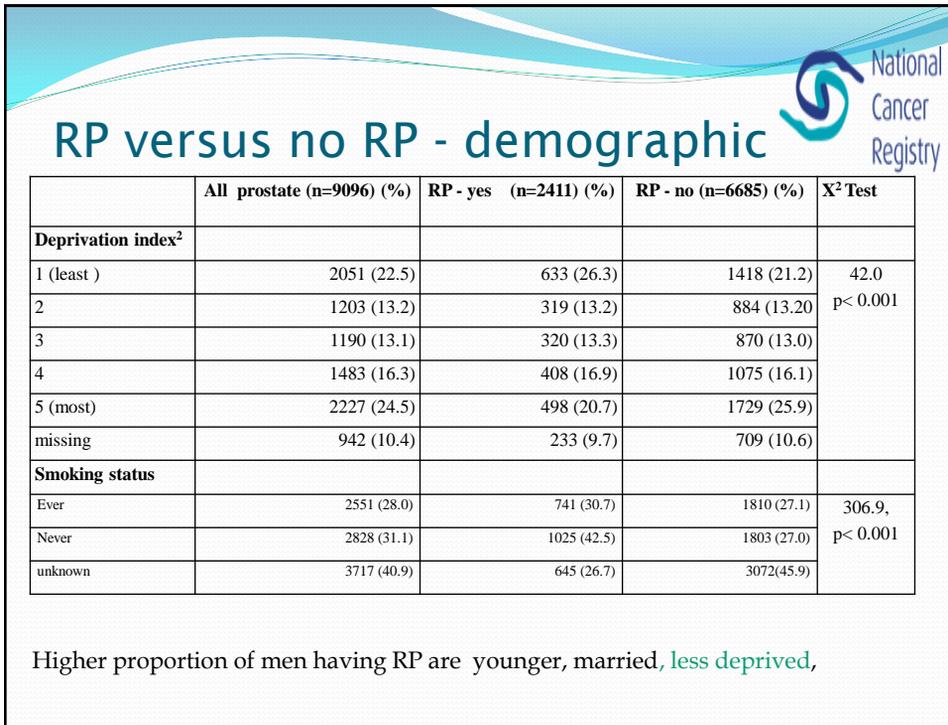
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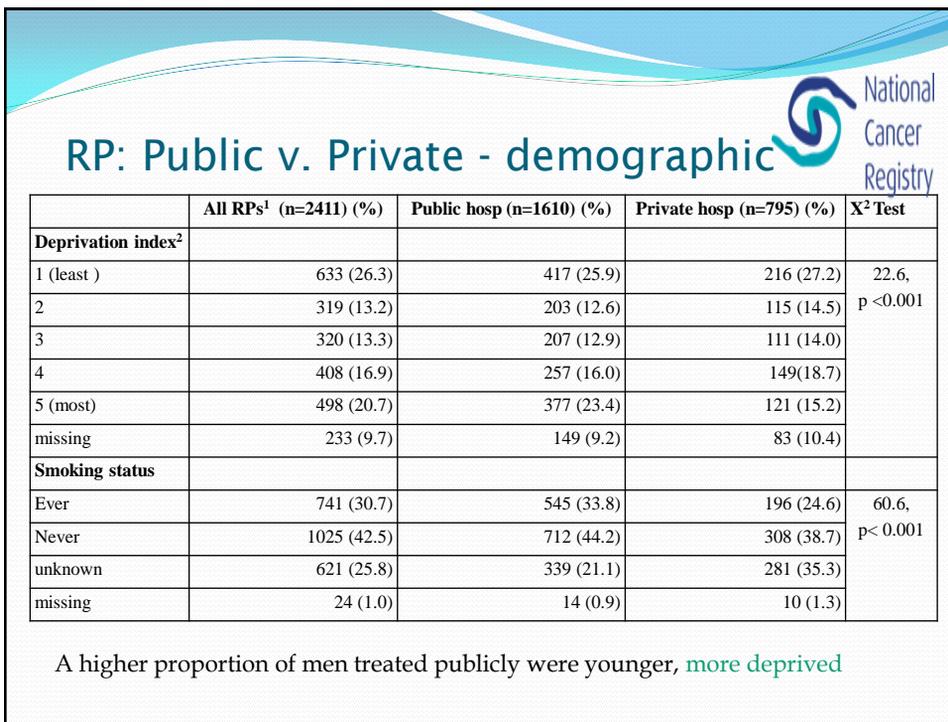
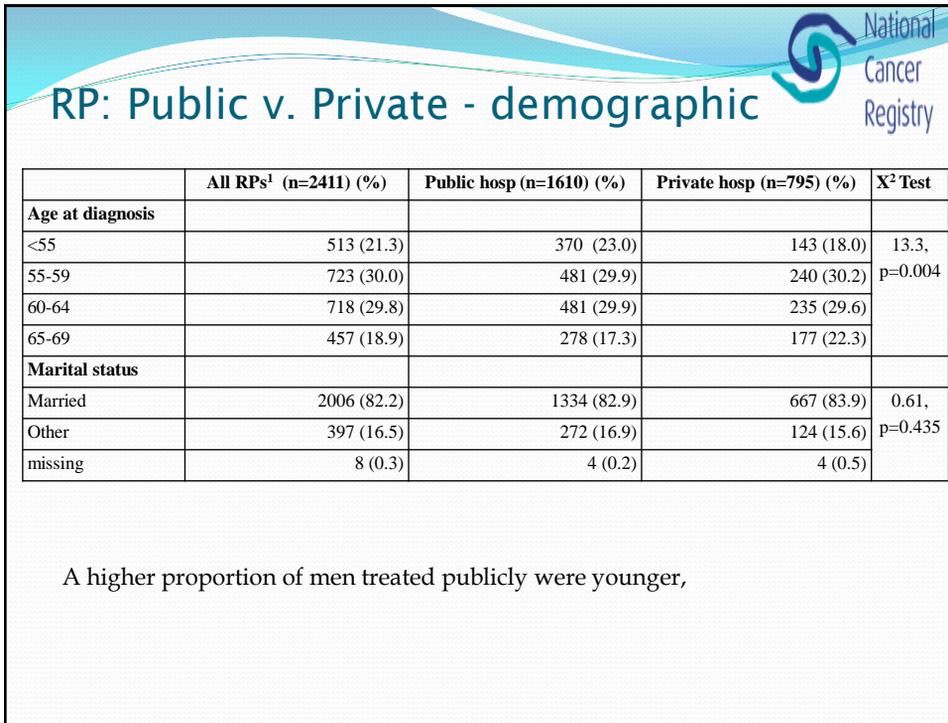
More detailed results

RP versus no RP - demographic

	All prostate (n=9096) (%)	RP - yes (n=2411) (%)	RP - no (n=6685) (%)	X ² Test
Age at diagnosis				
<55	1085 (11.9)	513 (21.3)	572(8.6)	687.4, p <0.001
55-59	1865 (20.5)	723 (30.0)	1142 (17.1)	
60-64	2727 (30.0)	718 (29.8)	2009 (30.1)	
Marital status				
Married	6706 (73.7)	2006 (83.2)	4700 (70.3)	154.0, p<0.001
Other	2312 (25.4)	397 (16.5)	1915(28.6)	
missing	78 (0.9)	8 (0.3)	70 (1.0)	

Higher proportion of men having RP are younger, married





RP: Public v Private - clinical



	All RPs (n=2411) (%)	Public hosp (n=1610) (%)	Private hosp (n=795) (%)	X ² Test
Grade/Gleason score				
Low/intermed (GS<= 7)	2088 (86.6)	1408 (87.4)	678 (85.3)	p=0.305
High (GS>7)	243 (10.1)	151 (9.4)	90 (11.3)	
Other	80 (3.3)	51 (3.2)	27 (3.4)	
Stage				
I & II	449 (18.6)	304 (18.8)	144 (18.1)	p=0.521
III & IV	187 (7.8)	131 (8.1)	54 (6.8)	
unknown	1774 (73.6)	1174 (72.9)	597 (75.1)	
missing	1 (0.0)	1 (0.1)	0 (0.0)	

A higher proportion of men treated publicly were younger, more deprived, X

¹6 patients treated outside Ireland or in 'unknown' hospitals, ²SAHRU 2002 index of deprivation

Results – predictors of prolonged LOS



	LOS			LOS > 9 days					p-value ⁵
	N	M ¹	IQR ²	N (%)	OR ³	95% CI	OR ⁴	95% CI	
Age at diagnosis									
<55	353	7	7-9	76 (21.5)	0.86	0.62-1.60	-	-	
55-59	460	8	7-9	111 (24.1)	1.00	-	-	-	
60-64	455	8	7-10	118 (25.9)	1.10	0.82-1.48	-	-	
65-69	267	8	7-10	70 (26.2)	1.11	0.79-1.58	-	-	
Marital status									
Married	1268	8	7-9	287 (22.6)	1.00	-	1.0	-	p<0.001
Other	263	8	7-10	87 (33.1)	1.69	1.27-2.25	1.71	1.25-2.34	
Missing	4	6	5-8	1 (25.0)					
Smoking Status									
Ever	521	8	7-9	122 (23.4)	0.87	0.67-1.14	-	-	
Never	686	8	7-10	178 (25.9)	1.0	-	-	-	
Unknown	328	8	6-9	75 (22.8)	0.85	0.62-1.15	-	-	
Deprivation Index⁶									
1 (least deprived)	400	8	7-9	82 (20.5)	1.00	-	-	-	
2	193	8	7-9	41 (21.2)	1.05	0.69-1.59	-	-	
3	197	8	7-10	55 (27.9)	1.50	1.01-2.23	-	-	
4	246	8	7-9	61 (24.8)	1.28	0.88-1.87	-	-	
5 (most deprived)	360	8	7-10	99 (27.5)	1.47	1.05-2.06	-	-	
Missing	139	8	7-10	37 (26.6)	1.41	0.90-2.20	-	-	
Comorbidity⁷									
None	1127	8	7-9	242 (21.5)	1.00	-	1.0	-	p<0.001
Any	408	8	7-10	133 (32.6)	1.77	1.38-2.27	1.64	1.25-2.16	

Results – predictors of prolonged LOS



	LOS			LOS >9 days					p-value ⁵
	N=1535 (%)	M ¹	IQR ²	N (%)	OR ³	95% CI	OR ⁴	95% CI	
Grade/Gleason Score									
Low/intermed (GS<= 7)	1345	8	7-9	321 (23.9)	1.00	-	-	-	
High (GS>7)	147	8	7-10	39 (26.5)	1.15	0.78-1.70	-	-	
Unknown	43	8	7-11	15 (34.9)	1.71	0.90-3.24	-	-	
Stage									
Unknown	1128	8	7-9	255 (22.6)	1.00	-	1.00	-	<i>p<0.001</i>
I & II	285	8	7-10	75 (26.3)	1.22	0.91-1.65	1.38	0.99-1.92	
III & IV	122	8.5	7-11	45 (37.0)	2.00	1.35-2.96	2.19	1.44-3.34	
Patient status									
Public	618	8	7-9	145 (23.5)	1.00	-	-	-	
Private	805	7	7-9	176 (21.9)	0.91	0.71-1.17	-	-	
Missing	112	9	8-12	54 (48.2)	5.03	2.01-4.60	-	-	
Hospital volume⁸									
High (50 or more)	754	7	6-9	126(16.7)	0.43	0.34-0.55	0.34	0.26-0.45	<i>p<0.001</i>
Low (less than 50)	781	8	7-10	249 (31.9)	1.00	-	1.0	-	
Surgeon volume⁹									
High (18 or more)	750	8	7-9	161 (21.5)	0.73	0.58-0.92	0.55	0.42-0.71	<i>p<0.001</i>
Low (less than 18)	785	8	7-10	214 (27.3)	1.00	-	1.0	-	

¹median ²Inter-quartile range ³unadjusted odds ratio. ⁴adjusted odds ratio for variables shown; model also adjusted for year of surgery. ⁵global p-values from likelihood ratio tests. ⁶SAHURU 2002 index, ⁷count of morbidities included in the Elishausser index on HIPE record of RP episode, ⁸median number of RPs performed at hospital per year, ⁹median number of RP performed by surgeon per year in public and private hospitals