





Working with Teenagers and Young Adults (TYA) with Cancer: A Co-Creation Approach

Philippa Spencer on behalf of the ON TARGET team, UHBristol NHS Foundation Trust

CO-CREATION shifts the focus from professionals delivering care to one in which patients are fully engaged in the design of services as well in their on going development. This allows the power and expertise of patients and professionals to be brought together to co-create better health experiences and outcomes. A co-creation approach was used to develop a TYA friendly questionnaire

From a sample of 27 TYAs, 7 (26%) engaged

1:1 Interviews

Focus Group







A draft questionnaire was developed based on the recommendations made by the TYAs. These included their views about applicable content as well as opinions on issues of design and face validity

Comments received from TYAs where possible were incorporated into the questionnaire. Comments then invited from wider ON TARGET team before formal submission to Trust's Questionnaire, Information and Services group (QIS).

QIS recommendations and suggestions for improvement were incorporated into questionnaire before being re-submitted for sign off

Co-Creation in the real world







Co-Creating a Questionnaire

Gather views

TYAs were asked about questionnaire content and design and communication preferences

•

Initial Feedback

First draft of questionnaire was sent to TYAs for comments

-

Further Feedback

Second draft submitted to QIS for formal review and sign off

١

Final Version

Questionnaire distributed to 108
TYA patients living in the South
West region

RESPONSE RATE - 39% Male- 34% Female- 46%

Topics identified by TYAs

Physical wellbeing /health

Psychological & emotional support

Education & employment

Family & friends

Information provision

Peer support

Educating & informing others

CONCLUSION: Using co-creation, patients engaged creatively in the development of a TYA friendly questionnaire with satisfactory response rates. The results will be used to inform the next phase of ON TARGET - co-creating interventions so as to improve TYA aftercare experience

