

Protecting and improving the nation's health

Be Clear on Cancer: First national breast cancer in women over 70 campaign, 2014

Caveats: This summary presents the results of the metric on cancers diagnosed. This is one of a series of metric summaries that will be produced for this campaign, each focusing on a different metric. A comprehensive interpretation about the campaign is not included here as this requires a full evaluation of all the metrics. The full evaluation will be part of the final campaign report which will be published in due course. These metrics should not be considered in isolation.

Cancers diagnosed

The campaign

The first national breast cancer in women over 70 campaign ran from 3 February 2014 to 16 March 2014 in England.

Two key messages were promoted:

- 'One in three women who get breast cancer are over 70, so don't assume you're past it.'
- 'A lump isn't the only sign of breast cancer. If you're worried about any changes to your breasts, tell your doctor straight away.'

Metric: Cancers diagnosed

This metric considers whether the first national breast campaign had an impact on the number of newly diagnosed cases of breast cancer (ICD-10 C50) in women aged 70 and over.

Data was extracted from the national cancer analysis system for the diagnosis period October 2012 to September 2014. The analysis period was defined as two weeks after the start of the campaign (week 8 of 2014) to two months after the end of the campaign (week 20 of 2014). The numbers of cases diagnosed per week during the analysis period were compared with the overall median for October 2013 to September 2014. The campaign was considered to have a possible impact if a) the numbers of cases per week were the same or higher than the median for five or more consecutive weeks and b) this sustained period started during the analysis period.

Results

There was a 16 week period, weeks 8 to 23, where the weekly numbers of breast cancers diagnosed were higher than the 2013 to 2014 median (Figure 1). During this 16 week period, an additional 888 cases were diagnosed compared to the expected number based on the median (4,904 cases).

<u>Key message</u>

The first national breast campaign appears to have had an impact on the numbers of breast cancers diagnosed in women aged 70 and over during and following the campaign.

500 400 Number of cases 300 breast 200 national 100 First 0 8 10 12 14 16 18 20 22 24 26 28 30 32 34 36 38 40 42 44 46 48 50 52 2 4 6 Apr Nov Dec Jan Feb Mar Jul May Jun Week and Month - 2012-13 **-**- 2013-14 ----- England median 2013-14 Source: Cancer Analysis System December 2016

Figure 1: Number of newly diagnosed cases of breast cancer by week, women aged 70 and over, England, October 2012 to September 2014.

Conclusions

The first national breast campaign appears to have had an impact on the numbers of breast cancers diagnosed during and following the campaign.

Other metrics being evaluated include GP attendance, urgent GP referrals, conversion and detection rate, emergency presentations and one-year survival. A full evaluation report will be published on the campaign metrics when all of the results are available.

Considerations

In general, cancer incidence is increasing which may have an impact on trends over time for this and other metrics, and so the results must be considered with these underlying trends in mind.

Where the results are statistically significant there is some evidence for an impact of the campaign, although underlying trends and other external factors (eg other awareness activities, changing referral guidance) may also affect the results.

Campaigns are more likely to have a greater impact on metrics relating to patient behaviour (eg symptom awareness and GP attendance with relevant symptoms) and use of the healthcare system (eg urgent GP referrals for suspected cancer), compared to disease metrics (eg incidence, stage at diagnosis, and survival).

Find out more about Be Clear on Cancer at: www.ncin.org.uk/be_clear_on_cancer www.nhs.uk/be-clear-on-cancer